

# 2020 Vision for a New Era at our Joslyn!

## President's Message

Dear Members,

Happy New Year!

I hope you were all healthy over the holidays and able to spend time with family and friends. Many of you spent time here at the Joslyn celebrating; we are so fortunate to have a place and social groups that enable us to do that. From all reports, much fun took place. Last year, I opened up my first President's message asking for you to support the JRC financially and by stepping up when we ask for volunteers. You all did both of these things in spades! We raised a record amount of money and our list of volunteers was fabulous. From cleaning up the outside to staffing fund raisers to decorating "the halls" for Christmas, you were there. Our volunteer maintenance crew saved us thousands of dollars. Judy's garden continues to amaze and her succulent sales bring in a hefty amount of cash each month. Thank you all for your cheerful help. This has been fantastic. If you weren't able to participate last year, we have a whole new year for you - just pick your project, there's always lots to do.

January is member dues month. Please stop by the office and pick up the new membership form (or download it from our website) that we ask you all to fill out. List all clubs you participate in and keys you hold. We have updated our record keeping system and need your current information as well as a check for \$50 per person for dues. Remember, your dues go towards 30% of our operating expenses. We raise the rest through fund raisers and rent. Please be prompt paying your dues as chasing members down with emails and reminders takes our time away from other responsibilities and it makes me crazy.

One last request - when your club uses the center, whether for meetings or parties, it is your responsibility to clean up after yourselves. Hiring extra cleaning help takes away money that you raised for updating and improving the JARC, and it also makes me crazy. We've had to hire help to clean the kitchen three times this last celebratory month. That's the downside of parties. Please, assign a clean up crew of 4 for each event and meeting. We do not want to start "fining" clubs but will if necessary. Remember, 30% of our income is from outside rentals and people don't rent dirty facilities.

Looking forward to another fun filled year. Once again . .

Thanks for all that you do,

Sharon

January  
2020



Memberships due  
Jan 1<sup>st</sup> !  
2020 form required  
with your check.

Succulent Gifts  
(Joslyn Porch)  
Only \$5 - \$10



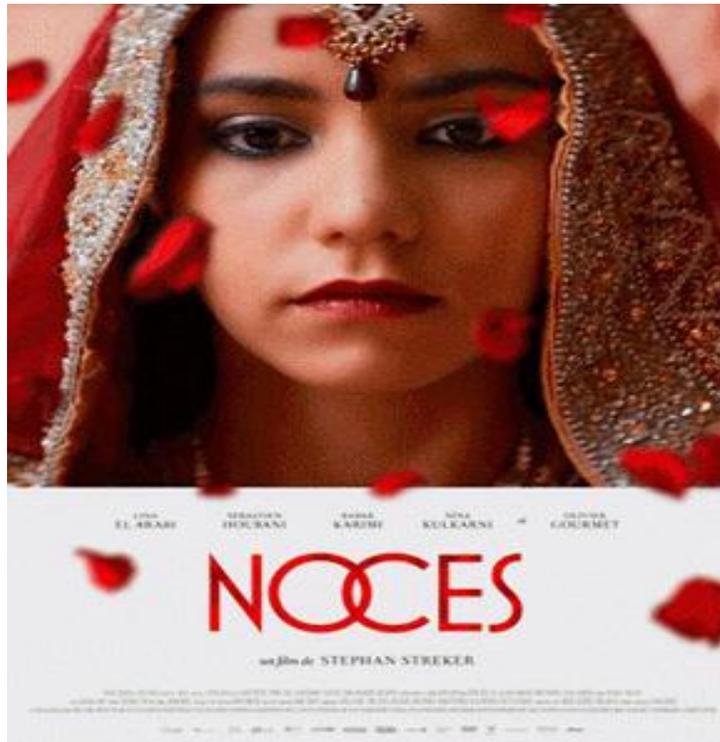
Grounds Clean up:  
Poker & Mah Jongg

Art Rental for  
January  
*It's that time again!*  
Let the office  
know if you are  
interested in  
showing your art.

**Hospitality Night Fun at the Joslyn!**  
**Thank you Cambria Chorale! Fantastic!**  
Thank you Cambria Writers Workshop, Joel Cehn,  
Inner Rhythm, and Spirit Dance for helping.  
Your cookie donations were a sweet offering.



**Fabulous Night!**



**Wonderful! January 11<sup>th</sup>! 4:00 & 7:00 pm**  
Only \$10 per person. 1070 Main St. Mechanics Bank  
Series Price: 3 films for \$20. per person. Jan, Mar, May.

The Cambria Film Club (CFC) will be offering their eighth series of International Film Screenings in January, marking the fifth year since our 2015 founding at the Joslyn Center. A stunning film of culture & tradition.

Zahira (Lina El Arabi), an 18-year-old, shakes up her family by revealing she is pregnant. Her Pakistani parents insist that she gets an abortion. Reluctant to do so, Zahira is then tasked with a new challenge when her parents seek to find her a husband. With an arranged marriage on the horizon, Zahira finds herself torn between cultural tradition and her western lifestyle.

*Critic's Review:* El Arabi shines as Zahira, though in an understated performance, internalized and subtle--one she pulls off with quite remarkable consequences. **A Wedding**, a recent nomination for the Cesar, the national film award of France, also received two perfect 100% scores from critics and audiences on the *Rotten Tomatoes* web page. ❤️

**A Wedding** screens on **Saturday, January 11**, in the **Mechanics Bank Community Room** (formerly Rabobank, 1070 Main Street). Even if you are not a CFC member, you can reserve seats in advance (\$10) at the Joslyn Center office during regular business hours for either the 4:00 p.m. or 7:00 p.m. screening. Tickets for any remaining seats sold at the door.

2020 is Here!



25 Clubs - Try any club 2 times for FREE!!!

**Special Event: Saturday, January 25<sup>th</sup> 12-4:00 pm**

All ages welcome-Wear non-street shoes or bare feet for dance.

*Breath is Life. We will map the 5 Rhythms to better use our breath. What we practice on the dance floor will ripple out into our lives. Breath becomes limited in times of stress, which can affect our health. Learn how breath is a powerful tool we can use for a more fulfilling life and dance experience. Water available for \$1.00, or bring your own. Cost is \$30.00 per person*



**“Spirit Drum Circle”**

**Fundraiser**

**January 11<sup>th</sup> at 7 pm**

**Bring your drum**

**(Will have some drums)**

**Get in shape this New Year!**





# Joslyn Adult Recreation Center

## 2020 Annual Membership Dues : \$50.

**Deadline: January 31st**

**Dues are not refundable.**

I (we) understand that application for membership of the Joslyn Adult Recreation Center (JARC) is made on the basis that dues noted herein apply to the use of JARC's facility as outlined in the Center's Bylaws and are in addition to any fees charged for participation in any individual member club. I (we) agree to abide by the appropriate Bylaws and rules of the Center and its member clubs. I (we) agree to clean up after our meetings and monthly as posted, as this is a cooperative community center. I (we) agree to participate in fundraising events within each year. I (we) agree to be respectful of others. Bylaws posted on our website.

Please fill out form completely for consideration or continuation, along with your member dues of \$50. per person. **If payment is in cash, please wait for and keep the cash receipt. Termination is reserved by JARC Board.**

|   |                    |                     |                            |
|---|--------------------|---------------------|----------------------------|
| <b>MEMBER 1</b>   | Returning Member : | As of: _____ (Year) | New Member _____           |
| Print Name:   | _____              | Phone:              | _____                      |
| Address:  | _____              | Cell:               | _____                      |
| City:   | _____              | State:              | _____                      |
| Email:  | _____              | Zip:                | _____                      |
|   |                    | Amount:             | <b>\$50.00</b> Paid: _____ |
| <b>JOSLYN CLUBS JOINED SO FAR:</b> _____  |                    |                     |                            |
| <b>KEYS YOU HOLD: JA, JH, JK, K, - SHOWN ON YOUR KEY, &amp; any cabinets:</b> _____ |                    |                     |                            |

|   |                    |                     |                            |
|---|--------------------|---------------------|----------------------------|
| <b>MEMBER 2</b>   | Returning Member : | As of: _____ (Year) | New Member _____           |
| Print Name:   | _____              | Phone:              | _____                      |
| Address:  | _____              | Cell:               | _____                      |
| City:   | _____              | State:              | _____                      |
| Email:  | _____              | Zip:                | _____                      |
|   |                    | Amount:             | <b>\$50.00</b> Paid: _____ |
| <b>JOSLYN CLUBS JOINED SO FAR:</b> _____  |                    |                     |                            |
| <b>KEYS YOU HOLD: JA, JH, JK, K, - SHOWN ON YOUR KEY, &amp; any cabinets:</b> _____ |                    |                     |                            |

**I wish to pay for new membership/s as a "Gift" :** Check: \_\_\_\_\_ # \_\_\_\_\_ Cash \$ \_\_\_\_\_

Name: \_\_\_\_\_ Phone/Email: \_\_\_\_\_

950 Main Street, Cambria, Ca 93428 (805) 927-3364 Email: [joslyncenter@joslynrec.org](mailto:joslyncenter@joslynrec.org)

**Website: [www.joslynrec.org](http://www.joslynrec.org)**

## Fun Activities, Clubs & Times

|                           |   |                  |
|---------------------------|---|------------------|
| Bridge - Duplicate        | 2nd & 4th Wed 1-4 pm                          | Main Hall (MH)   |
| - Partners                | Th 6:00-9 pm                                  | MH               |
| - Refresher               | 2nd & 4th Tues 1-4 pm                         | MH               |
| - Singles                 | 1st & 3rd Tues 7-9pm                          | MH               |
| Cambria Chorale           | Tues 9-11:30 / Rehearsal Fri 1-2:30           | MH               |
| Cambria Computer Club     | 2nd, 4th Thurs 2 pm                           | Pacific Premier  |
| Cambria Film Club         | Jan/Feb/Mar/April check Website               | Rabobank Rm      |
| Cambria Fishing Club      | 1st & 3rd Tues 2-3 pm                         | MH               |
| Cambria Lawn Bowls        | Mon, Wed, Fri, Sat 9:15 am                    | Lawn Bowl Grn    |
| Cambria Writer's Workshop | Wed 9:30 – 1 pm                               | Conference Rm-CR |
| CAPSLO                    | 2nd Mon 9:30 – 11 am                          | MH               |
| Couples Dance             | 2 <sup>nd</sup> & 4 <sup>th</sup> Wed 5:30 pm | MH               |
| Couple Dance Lessons      | Sunday As arranged                            | MH               |
| Dancercize                | Mon 9 & 10:45, Wed 8:30, Fri 9:00             | MH               |
| Inner Rhythm              | Fri 7:30 - 9 pm                               | MH               |
| Investment Club           | 1st & 3rd Thur 9:30-11 am                     | CR               |
| Mah Jongg                 | M, Th 1-4 pm                                  | MH               |
| Music Jam                 | Sun 1-3 pm                                    | CR               |
| Poker/Tournament          | Th 6:15-9 pm / 3rd Sat 6:15-9 pm              | CR               |
| Rough Writers             | Mon 1-3 pm                                    | CR               |
| Spirit Dance & Drum       | Mon 6 pm appt./Mon 7:30-9 pm                  | MH               |
| Strength Training         | Mon 9:45, Wed 9:15, Fri 9:45 am               | MH               |
| Table Tennis              | Tu 11:30 / Th 9/ Fri 10:30/Sun 1              | MH               |
| Hatha Yoga KK / Yoga JB   | Mon 4:45 – 6 pm/ Fri 4 pm                     | MH               |

**Cambria Joslyn Center (805) 927-3364**

**Email: [joslyncenter@joslynrec.org](mailto:joslyncenter@joslynrec.org)**

|                        |  |          |                   |  |          |
|------------------------|--|----------|-------------------|--|----------|
| Bridge - Duplicate     | Joan   | 927-5332 | Dancercize        | Maryann  | 924-1040 |
| - Partners             | Joan   | 927-5332 | Inner Rhythm      | Steve  | 927-5109 |
| - Refreshers           | Harriett   | 203-5219 | Investment Club   | David  | 203-5174 |
| - Singles              | Susan  | 924-0177 | Mah Jongg         | Judy   | 924-1944 |
| Cambria Chorale        | Barb   | 927-2989 | Music Jam         | Wendy (432)  | 300-0009 |
| Cambria Computer Club  | <a href="mailto:dbbig23@charter.net">dbbig23@charter.net</a> |          | Poker             | Manya  | 927-5000 |
| Cambria Film Club      | Patricia   | 927-5732 | Rough Writers     | <a href="http://www.RoughWriters.org">www.RoughWriters.org</a> |          |
| Cambria Fishing Club   | Mike   | 909-0315 | Spirit Dance      | Francesca  | 927-5528 |
| Cambria Lawn Bowls     | Sal  | 927-3120 | Strength Training | Maryann  | 924-1040 |
| Cambria Writers Wkshp  | Shera  | 528-1575 | Table Tennis      | John   | 924-1948 |
| Couples Dance          | Jay/Pat  | 927-1867 | Yoga              | Joanna B.  | 440-5161 |
| Dance Lessons by Appt. | Diane  | 203-5609 | Yoga-Hatha        | Miho/Patti   | 927-1661 |

# January 2020

**Open Spaces may be taken. You must " make a reservation " prior to your arrival. Set up & cleaning time extends the hours.**

| Sunday                  | Monday                      | Tuesday               | Wednesday               | Thursday                    | Friday                      | Saturday                 |
|-------------------------|-----------------------------|-----------------------|-------------------------|-----------------------------|-----------------------------|--------------------------|
|                         |                             |                       | 1                       | 2                           | 3                           | 4                        |
|                         | 9:15-12 Lawn Bowls          | 9-11:30 Chorale       | 9:15-12 Lawn Bowls      | 9-10:30 Table Tennis        | 9:15-12 Lawn Bowls          | 9:15-12 Lawn Bowl        |
| 10:30-12:30 First Unity | 9 & 10:45 Dancercize        |                       | 8:30 Dancercize         | 9:30-11 Investmt Club-CR    | 9:00 Dancercize             |                          |
|                         | 9:45 Strength Train         | 11:30-1 Table Tennis  | 9:15 Strength Train     |                             | 9:45 Strength Train         |                          |
|                         |                             |                       | 9:30-12 Writers Wksp-CR |                             | 10:30-12 Table Tennis       |                          |
| 1-3 Music Jam-CF        | 1-4 Rough Writers-CR        |                       |                         |                             |                             |                          |
| 1-4 Table Tennis        | 1-4 pm Mah Jongg            |                       | 2:00 NO CAN Board-CR    | 1-4 pm Mah Jongg            | 1-2:30 Rehearsal            |                          |
| 4:30 Dance by Appt      | 4:45 Hatha Yoga             |                       |                         | 6:15-9:30 Poker-CR          | 4-5 Yoga                    |                          |
|                         | (6 Appt)/ 7:30 Spirit Dance |                       |                         | 6-9:00 Partners Bridge      | 7:30-9 Inner Rhythm         |                          |
| 5                       | 6                           | 7                     | 8                       | 9                           | 10                          | 11                       |
|                         | 9:15-12 Lawn Bowl           | 9-11:30 Chorale       | 9:15-12 Lawn Bowl       | 9-10:30 Table Tennis        | 9:15-12 Lawn Bowl           | 9:15-12 Lawn Bowl        |
| 10:30-12:30 First Unity | 9 & 10:45 Dancercize        |                       | 8:30 Dancercize         | 9:00 Joslyn Board CF        | 9:00 Dancercize             | Film: "A Wedding"        |
|                         | 9:45 Strength Train         | 11:30-1 Table Tennis  | 9:15 Strength Train     |                             | 9:45 Strength Train         | 4 & 7 pm showings        |
|                         |                             |                       | 9:30-12 Writers Wksp-CR |                             | 10:30-12 Table Tennis       | at Mechanics Bank        |
| 1-3 Music Jam-CF        | 1-4 Rough Writers-CR        | 2-3 Fishing Club      | 1-4:30 Duplicate Bridge | 1-4 pm Mah Jongg            |                             | (Community Room)         |
| 1-4 Table Tennis        | 1-4 pm Mah Jongg            |                       |                         | 2:00 Computer Club PP       | 1-2:30 Rehearsal            |                          |
| 4:30 Dance by Appt      | 4:45 Hatha Yoga             | 7 pm IOOF Board CR    |                         | 6:15-9:30 Poker-CR          | 4-5:00 Yoga                 | 7 pm Spirit Drum Special |
|                         | (6 Appt)/ 7:30 Spirit Dance | 7-9 pm Singles Bridge | 5:30-9 Couples Dance    | 6-9:00 Partners Bridge      | 7:30-9 Inner Rhythm         | Fundraiser-Pg 4 Details  |
| 12                      | 13                          | 14                    | 15                      | 16                          | 17                          | 18                       |
|                         | 9:15-12 Lawn Bowl           | 9-11:30 Chorale       | 9:15-12 Lawn Bowl       | 9-10:30 Table Tennis        | 9:15-12 Lawn Bowl           | 9:15-12 Lawn Bowl        |
| 10:30-12:30 First Unity | 9 & 10:45 Dancercize        |                       | 8:30 Dancercize         | 9:30-11 Investmt Club-CR    | 9:00 Dancercize             |                          |
|                         | 9:45 Strength Train         | 11:30-1 Table Tennis  | 9:15 Strength Train     |                             | 9:45 Strength Train         |                          |
| 1-3 Music Jam-CF        | 9:30 No *Capslo- Test       |                       | 9:30-12 Writers Wksp-CR | 11-12:30 Dancercize Leaders | 10:30-12 Table Tennis       |                          |
| 1-4 Table Tennis        | 1-4 Rough Writers-CR        | 1-4 Refresher Bridge  |                         | 1-4 pm Mah Jongg            |                             |                          |
| 4:30 Dance by Appt      | 1-4 pm Mah Jongg            |                       |                         |                             | 1-2:30 Rehearsal            |                          |
|                         | 4:45 Hatha Yoga             | 4:30 Lions Board CR   |                         | 6:15-9:30 Poker-CR          | 4-5 Yoga                    | 6:15-10 Poker Tourn      |
| 6:15 Poker - CF         | (6 Appt)/ 7:30 Spirit Dance | 4/6:30 Lions Meeting  | 5:30 IOOF Dinner        | 6-9:00 Partners Bridge      | 7:30-9 Inner Rhythm         |                          |
| 19                      | 20                          | 21                    | 22                      | 23                          | 24                          | 25                       |
|                         | 9:15-12 Lawn Bowl           | 9-11:30 Chorale       | 9:15-12 Lawn Bowl       | 9-10:30 Table Tennis        | 9:15-12 Lawn Bowl           | 9:15-12 Lawn Bowl        |
| 10:30-12:30 First Unity | 9 & 10:45 Dancercize        |                       | 8:30 Dancercize .       | 9:30-11 Investmt Club-CR    | 9:00 Dancercize             |                          |
|                         | 9:45 Strength Train         | 11:30-1 Table Tennis  | 9:15 Strength Train     | 11-12:30 Dancercize Leaders | 9:45 Strength Train         | "Breath is Life"         |
|                         |                             |                       | 9:30-12 Writers Wksp-CR |                             | 10:30-12 Table Tennis       | Special Event            |
| 1-3 Music Jam-CF        | 1-4 Rough Writers-CR        | 2-3 Fishing Club      |                         | 1-4 pm Mah Jongg            | 1-2:30 Rehearsal            | 12-4:00 pm               |
| 1-4 Table Tennis        | 1-4 pm Mah Jongg            |                       | 1-4:30 Duplicate Bridge | 2 pm Computer Club PP       |                             | \$30 per person          |
| 4:30 Dance by Appt      | 4:45 Hatha Yoga             |                       |                         | 6:15-9:30 Poker-CR          | 4-5 Yoga                    | Breathing & Dance        |
|                         | (6 Appt)/ 7:30 Spirit Dance | 7-9 pm Singles Bridge | 5:30-9 Couples Dance    | 6-9:00 Partners Bridge      | 7:30-9 Inner Rhythm         | (See pg 4 for Details)   |
| 26                      | 27                          | 28                    | 29                      | 30                          | 31                          |                          |
|                         | 9:15-12 Lawn Bowl           | 9-11:30 Chorale       | 9:15-12 Lawn Bowl       | 9-10:30 Table Tennis        | 9:15-12 Lawn Bowl           | 9:15-12 Lawn Bowl        |
| 10:30-12:30 First Unity | 9 & 10:45 Dancercize        |                       | 8:30 Dancercize         | 9:30-11 Investmt Club-CR    | 9:00 Dancercize             |                          |
|                         | 9:45 Strength Train         | 11:30-1 Table Tennis  | 9:15 Strength Train     |                             | 9:45 Strength Train         |                          |
|                         |                             |                       | 9:30-12 Writers Wksp-CR | 11-12:30 Dancercize Leaders | 10:30-12 Table Tennis       |                          |
| 1-3 Music Jam-CF        | 1-4 Rough Writers-CR        | 1-4 Refresher Bridge  |                         | 1-4 pm Mah Jongg            | 1-2:30 Rehearsal            |                          |
| 1-4 Table Tennis        | 1-4 pm Mah Jongg            |                       |                         |                             | 2:30 Recycle at Farmers Mkt |                          |
| 4:30 Dance by Appt      | 4:45 Hatha Yoga             | 4:30 Lions Board CR   |                         | 6:15-9:30 Poker-CR          | 4-5 Yoga                    |                          |
|                         | (6 Appt)/ 7:30 Spirit Dance | 4/6:30 Lions Meeting  |                         | 6-9:00 Partners Bridge      | 7:30-9 Inner Rhythm         |                          |

\* NO CAPSLO TEST- FEB 2ND MONDAY FROM 9:30-12. Computer Club: Recycle at Farmers Market 1/31 . Club meets at Pacific Premier Bank Comm. Room.